

# **Kristen F. Dudley**

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## **EDUCATION**

**La Salle University**  
Philadelphia, PA

2008 Doctor of Psychology, Clinical Psychology

2006 Master's of Arts, Clinical Psychology

## **Chestnut Hill College**

Philadelphia, PA

2000 Master's of Science, Counseling Psychology  
Specialization in Marriage and Family Counseling

1992 Bachelor's of Science, Psychology

## ***Honors:***

1991 PSI CHI National Psychology Honor Society

## **INTERNSHIP**

Friends Hospital  
Philadelphia, PA

2006-2007 APA accredited program. Completed rotations on dual diagnosis and adolescent inpatient units. Led therapy groups of 8 to 10 patients and psychoeducational groups of 20 to 25 patients. Participated as part of a multidisciplinary team reviewing patient needs and developing comprehensive treatment plans. Coordinated outpatient rotation: assigned new clients to other interns, managed caseload of over 30 clients, and conducted fitness to return to work evaluations/substance abuse risk evaluations. Represented the hospital in a variety of speaking engagements including to various departments of Temple University Health System and Lower Moreland High School.

## EXPERIENCE

### **Predoctoral Practica**

La Salle University  
Philadelphia, PA

2003-2006 Conduct diagnostic intakes utilizing structured interviews and objective assessments. Complete intake report and conceptualization within 24 hours of interview. Work with individual clients using empirically supported treatments and develop written treatment plan within three (3) weeks of initial session.

Friends' Hospital  
Philadelphia, PA

2004-2005 Treated adults and older adults who present with a variety of issues including serious mental illness, dementia, cognitive impairments, mental retardation, and various physical health concerns such as chronic pain, hypertension, diabetes, incontinence following prostate cancer, and heart disease. Work as part of a team designing and implementing treatment plans. Lead and co-lead several process and psychoeducational groups a day. Met with patients individually for therapy and discussed treatment plans and discharge plans. Conducted interviews with people of all ages who presented to the Crisis Response Center, consulted with psychiatrists and nurses to determine appropriate level of care, and worked with insurance companies to insure payment of evaluations and treatment. Completed several assessment batteries with children and adolescents to assist in diagnostics, treatment plans, level of care, and appropriate discharge placement.

Temple Episcopal Hospital  
Philadelphia, PA

2003-2004 Worked as part of a research team looking at the effects of different therapy modalities with voluntarily hospitalized, adult dually diagnosed patients. Responsibilities included developing a treatment manual used in the protocol, administered, scored, and interpreted the results of multiple assessment instruments; report writing based on the assessments, and worked one on one with the patients administering the behavioral therapy protocol.

### **Employment**

Associates for Counseling and Educational Services  
Doylestown, PA

#### Position: Psychotherapist

1999-Present Under the direct supervision of PA licensed psychologists, work with individuals, groups, and families in an outpatient setting. Provide therapy for children and

adolescents with oppositional and conduct disordered behaviors. Work with children and adolescents, and their families, involved in the Juvenile Justice System. Asses and treat individuals and families in various stages of crisis, including trauma, divorce, post-divorce, and custody issues. Assist neuropsychologist with the administration and scoring of cognitive test, including the Wechsler Individual Achievement Test III, Peabody Picture Vocabulary Test, and the Expressive Vocabulary Test. Conduct phone interviews and write a summary of the structured interview of collateral contacts in custody evaluations.

Lenape Valley Foundation  
Doylestown, PA

Position: Mobile Therapist

2000-2002 Work with children, between the ages of 5 and 16 with a variety of Axis I diagnoses, and their families in an out of office setting, either in their home or at school. Help families create and maintain boundaries to reduce problematic behaviors, such as temper tantrums, anger outbursts, and violence within the family setting. Supported families accessing additional services, when necessary.

Youth Services of Pennsylvania  
Doylestown, PA

Position: Psychotherapist

1999-2000 Worked in an alternative school setting, providing individual and group counseling for the students' aged 12- 20. Treatment focused on improving behavioral control, decision-making, and drug and alcohol issues. Conducted parenting groups with an emphasis on creating and maintaining boundaries, communication with adolescents, and helping parents recognize when additional assistance, such as hospitalization, psychiatric intervention, and drug and alcohol rehabilitation, was required.

Position: Caseworker/ Supervisor

1993-1999 Supervised three caseworkers and several intern students working with adolescents and families. Included monitoring monthly paperwork, Worked with adolescents and their families who were involved with the Bucks County Juvenile Justice System. Worked closely with probation officers and school officials to help the adolescents successfully negotiate their probation contracts. Monitored community service, urine testing, their compliance with rules in the home and in the community, and attendance in therapy sessions with the objective of helping the adolescents complete their probation contract.

**RESEARCH**

Dissertation

*Improving Understanding of Informed Consent for Research with Patients with Co-Occurring Disorders.* Dissertation research working with hospitalized psychiatric patients to assess and improve their understanding of informed consent material. Developed intervention designed to help people rationally

reason with information in order to make a decision. Developed and started standardizing assessment instrument to quantify understanding of consent material. Chair: Joseph Burke, F.S.C., Ph.D.

## PRESENTATIONS

- Dudley, K, Kwak, K, & Thomas, K. (2008) *Eating Disorders in Children and Adolescents: Diagnosis to Treatment*, Bucks County Intermediate Unit, Doylestown, PA. Community Outreach Presentation
- Dudley, K. (2007). *Substance Abuse in the Workplace*. Temple University Health System, Philadelphia, PA. Employee Assistance Program.
- Dudley, K. & Gruner, P. (2007). *Workplace Stress, Grief, & Loss*. Temple University Health System, Philadelphia, PA. Employee Assistance Program.
- Dudley, K. & Burgoon, E. (2007). *Adolescent Depression*. Lower Moreland High School, Lower Moreland, PA. Community Outreach Presentation
- Carson-Sacco, C. & Dudley, K. (2007). *Transition from Elementary School to Middle School and High School*. Bucks County Intermediate Unit, Doylestown, PA. Community Outreach Presentation
- Shanken-Kaye, J. & Dudley, K. (2006). *Internet safety: Privacy, Predators, Pornography, Oh My!* Bucks County Intermediate Unit, Doylestown, PA. Community Outreach Presentation
- Dudley, K. (2005). *Diabetes and the role of psychologists*. Friends Hospital, Philadelphia, PA. Didactic Presentation for Interns and Externs.

## ASSESSMENT TRAINING

- Addiction Severity Index (ASI)
- Expressive Vocabulary Test (EVT)
- Informed Consent Comprehensive Interview (ICCI)
- Kaufman Brief Intelligence Test (K-Bit)
- Kaufman Functional Assessment Test (K-Fast)
- Minnesota Multiphasic Personality Test (MMPI-II; MMPI-A)
- Millon Clinical Multiaxial Inventory (MCMI-III; MACI; MAPI)
- Peabody Picture Vocabulary Test (PPVT-III)
- Structured Clinical Interview of Positive and Negative Symptom Scale (SCI-PANSS)
- Structured Clinical Diagnostic Interview (SCID)
- Test of Functional Literacy-Adult (TOFLA)
- Wechsler Adult Intelligence Scale (WAIS-III)
- Wechsler Intelligence Scale for Children Third Edition (WISC-III)
- Wechsler Individual Achievement Test (WIAT-III)
- Woodcock-Johnson III- Tests of Achievement

- Rorschach (Exner Comprehensive System)
- Vineland Adaptive Behavioral Scales

### **CONFERENCES/PROFESSIONAL DEVELOPMENT**

- Pennsylvania Psychological Association (PPA) Annual Convention, 2007
- ABCT (formerly AABT) annual conference, 2005 and 2004
- Acceptance and Commitment Therapy Summer Institute II, July 2005
- Sexual Offending as a Public Health Problem, a New Approach to Relapse Prevention
- In the Shadows of the Net, Assessing and Treating Cyber-sex
- Shaking in the Shadows: Assessment, Intervention, and Treatment of Anxiety and Depressive Disorders in Adolescence
- Adolescent Problem Behavior- Prediction & Desistance
- A New Look at ADHD

### **PROFESSIONAL MEMBERSHIPS**

Pennsylvania Psychological Association  
 Association for the Advancement of Behavioral and Cognitive Therapies (ABCT)  
 American Psychological Association  
 Division 12 (Clinical Psychology)

### **BOARD MEMBERSHIPS**

2002-Present      PA State Sexual Offender Assessment Board (SOAB)